



GI:THA: JYO:THI
A garland of 48 *Sloka:s* selected from *Bhagavadgi:tha*

**“A FICKLE MIND IS THE SOURCE OF
DESTRUCTION IN HUMAN BEINGS.
WE SHOULD OVERCOME IT.”**

Sri: Bhagava:n Uva:cha

2. klaibyam ma:smagamah pa:rttha
naithath thway yupapadyathe: |
kshudram hrudaya daurbalyam
thyakthwo:th thishttha paranthapa ! ||

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One who neither enjoys nor makes others happy and envies the happiness of others is an incapable person.

Inferiority complex is not conducive to one's welfare. Hence Lord Krishna is asking Arjuna to overcome it. By doing so, He is also ordaining us to stop living like cowards. This sort of incapacity (i.e. inferiority complex) arises due to the lack of self-confidence, which in turn arises due to fickle mindedness. Fickleness of mind predominates when the ordained duties are neglected. Unwanted thoughts lead one to forget his ordained duties and attachment to unwanted things leads to unwanted thoughts. Compassion is good. However when it is showered on an undeserving person, in an undeserving degree, it is dangerous.

It can lead to the self-destruction of even a great person.

Fickle mindedness led Hanuman to contemplate on committing suicide. Hanuman concluded that he will not find mother Sita even before his search was complete. Hence he started to reflect as follows “if I return to Lord Rama without finding Sita, Rama will not survive. Without Rama both Lakshmana and Sugriva will not survive, due to that all the Vanaras (monkeys) will perish. By listening to that, all the people in Ayodhya will perish. If I return everybody will perish, but I cannot stay in Lanka. It is better to die (commit suicide) instead of living like this.”

Even if Hanuman had not gone to Lanka in search of Sita, Lord Rama would have traced Sita through

some or the other source and killed Ravana. In fact, Lord Rama, out of His causeless mercy, gave an opportunity to Hanuman to serve Him. However, Hanuman thought that he is doing everything by himself and became proud. When he could not locate Sita, that pride developed into desperation, subsequently it was transformed into helplessness and finally, it led him to contemplate on committing suicide.

However, Hanuman was intelligent. He overcame that helplessness on his own. He started to search for Sita and finally found her. Now the question is how did he overcome his helplessness? The answer is he realized that he is only serving Lord Rama and Mother Sita, he surrendered to them and it was immediately fruitful.

The unnecessary thoughts that all his relatives and friends will perish and it would lead to hell, brought the fickle mindedness in Arjuna and made him to forget his duty. Just as a senseless surgeon who is supposed to perform an operation, throws the instruments out of compassion towards the patient in the operation theatre, Arjuna threw his bow and arrows and collapsed in the chariot in front of Lord Krishna and others. By his

nature he used to instill fear in his enemies but due to compassion that was unnatural to him, he became helpless. Lord Krishna is asking Arjuna to overcome his weakness in this verse. By doing so, the Lord is also asking us to overcome our fickle mindedness. By saying "UTHTHISHTA" He is awakening the people who are asleep in the society and is asking them to be duty-bound.

Some think that there is no GOD, but, the scriptures and the great seers have vociferously declared His presence, with enough evidence to prove their declaration. As it is against their belief, they neither accept His presence nor prove His absence nor can they silence the talk of His presence. It is only due to their uncertainty i.e. fickle mindedness. Even Arjuna was in the same state and many of us are also in the similar state. That which is not approved by the great seers of the past will definitely lead to infamy and dishonor. Hence, let us overcome our fickle mindedness and evil tendencies. Tread on the path shown by Lord Krishna, become scorchers of our enemies (attachments to sense objects) and overcome our helplessness.

Jai Srimannarayana !

